

Amendments to the Specification:

Please amend the second paragraph on page 6 as follows:

The accompanying drawing directly illustrates the configuration of the snow board 1 in its entirety, showing it as a unitary board. The snow board 1 consists of two gliding members 2 and 3 formed at the two longitudinal sides of the snow board 1. The gliding members 2 and 3 are spaced at a certain distance from each other which is determined by the arrangement and structure of an elongate web 4 extending from a forward area 5 of the snow board 1 to a rear area 6 and having a preferred height of up to 5 cm above the gliding members 2 and 3. Gliding members 2 and 3 are separated from elongate web 4 by longitudinal slots 11.

Please amend the last paragraph on page 6 as follows:

At their outer edges, the gliding members 2 and 3 are concavely curved to provide the waistline 9. The upper surface of the elongate web 4 serves as a support surface for a snow boarder and is provided with inserts 7 in the area where ski bindings are to be attached. In the area of the inserts 7, laterally of the snow board 1, there are provided height compensating support

blocks or spacers 8 on the gliding members 2 and 3. The ~~blocks~~
spacers 8 serve to support toe and heel sections of a user and
thus directly transmit the movements of the user's foot to the
gliding members of the snow board 1 and prevent unintended
tilting movements.